



OVALHP



# EARN HIGH SCHOOL CREDITS WHILE TRAINING WITH OVALHP

**AN INTEGRATED SCHOOL MODEL OFFERED IN PARTNERSHIP WITH  
RICHMOND SCHOOL DISTRICT 38**

## FEATURES

- Receive up to 16 Academic School Credits for P.E. 10-12 and Strength & Conditioning 10-12.
- Replace traditional physical education courses by training at the Richmond Oval.
- Online course work and meetings with a teacher at the Richmond Oval.
- Individualized programming and support from coaches and teachers.
- Group instruction on mental training, sport nutrition and yoga sessions.

## BENEFITS

- Free up blocks of time in your school day to train, practice, complete school work and rest.
- Regular face to face meetings with your teacher.
- Conveniently submit and track online coursework from anywhere with WIFI.
- Credits recognized for early acceptance to UBC and other post-secondary institutions.

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📞 Enhancing performance in life through sport



**RICHMOND  
OLYMPIC OVAL**